



BUCKS AREA KATA COURSE

**SUNDAY JULY 26TH 09.30 A.M. –
04.00P.M.**



THIS COURSE IS BEING HOSTED BY KITSUNE-GARI JUDO CLUB AT
THE WUGHTON CENTRE, RAINBOW DRIVE, LEADENHALL, MILTON KEYNES.

The practice of kata can improve your judo dramatically as you develop a deeper understanding of its techniques and form

This course is open to all grades and age groups

Instructors: Roy Brewster 4th Dan & Steve Rand 1st Dan

Juniors and Primaries £7.50 Seniors £10.00



For Further Information Contact

Steve Rand 07802 892206 Or Craig Barlow 01908 673574

or visit www.kitsune-gari.com