



## Kitsune-Gari News

**Hello All! Hopefully you are all having a great summer. Here's your latest KG bulletin. There's been a lot happening of late so while it's quiet we thought we'd bring you up to date.**

### **BEGINNERS COURSE AT WILLEN PRIMARY A SUCCESS**

Willen Primary School hosted a Beginners Judo Course in the last half of the Summer Term. The course was delivered by Craig Barlow. We are grateful to Joe Barlow who cycled to Willen from Oakgrove at the end of his school day every Friday for 5 weeks. Willen is actually in the opposite direction to where he lives!

True to Judo's principle of mutual welfare and benefit we used the opportunity to raise much needed for the club as well as the Willen School Association (WSA). The course raised £92.50 for both funds as well as gaining some new members to the club.

### **GRADING AT BRACKLEY**

Well done to everyone that graded at Brackley. There were lots of promotions. Some people were disappointed that they had not achieved the grade that they had hoped for. In our view every promotion is a huge achievement that indicates your growing knowledge and understanding of Judo. Be proud of your progress, however small the step – the grading requirements are tough so you can be sure that whatever level of promotion you achieved was thoroughly deserved. **The Next Grading is on October 18<sup>th</sup> at Everham Sports Centre, Iver Heath, S.Bucks.**

### **KATATASTIC COURSE!**

There was a good turn out to the Kata course on October 26<sup>th</sup> at Woughton and everyone that attended agreed that it was a very enjoyable day. Many thanks to Steve, Roy and Paul for their input but special mention must go to Christopher and Tom. These lads were our youngest participants on the day and set a superb example in their hard work and effort throughout the day. **AS PRIMARIES, KATA ISN'T EVEN A GRADING REQUIREMENT FOR THEM!!** Now that's commitment.

### **CLUB FEES**

As of Tuesday 1<sup>st</sup> September 2009 there will be a change in the pricing structure for Judo Sessions at the club. The Current annual membership scheme will be scrapped and replaced with a monthly fee payable by standing order. The new monthly charge will be £10 per Judoka and will be reflected by a reduction in the Junior / Primary mat fee from £3.50 to £1.50 and in the Senior mat fee from £4.00 to £2.00 per session.

**Old Structure** : 3.50 x 50wks = £175.00 + £15.00 annual membership = £190.00

**New Structure** : 1.50 x 50wks = £75.00 + 12\*£10.00 (£120.00) monthly membership = £195.00

**New Structure** : 1.50 x 50wks = £75.00 + £100.00 one off annual payment = £175.00

Please visit the website for further information and standing order details.

### **DEVELOPING THE CLUB**

The coaching team has been working hard to encourage new membership and raise awareness of Kitsune-gari and judo in general. We would appreciate your ideas and suggestions and any other input regarding the development of your club. For instance, greater participation in competitions.

This is an area that we have neglected but the coaches are looking at developing opportunities to participate in competitions and possibly selecting a Kitsune Gari squad. This would be quite a big undertaking for the coaches and would require a substantial commitment by squad members to training. At this stage we would like to gauge the level of interest and **need your feedback.**

We would really like to hear from you if you have any ideas for fund raising activities or projects that would support the club.

### **UPCOMING COMPETITION AND EVENTS**

The ever popular Epping open competition has been announced for **October 4<sup>th</sup> 2009**. This is a friendly event and an ideal introduction to competition Judo for those that have not competed before. We hope to have a big Kitsune-Gari presence at this event and ask that as many of you as possible come along as competitors or supporters. Please see Gary for more information.

Kitsune-Gari is to host a one day training course with Nigel Crofts, 5<sup>th</sup> Dan, on Saturday Dec.5<sup>th</sup> 2009. The course is for Judoka that have attained 3<sup>rd</sup> Kyu (green belt) or higher. Full details and booking forms will be available at the website and from Craig.

### **AND FINALLY...**

Craig and Joe have just returned from the Scottish Borders judo Festival. It was a 4 day event with a grading on the Sunday. Congratulations to Joe who obtained his 3<sup>rd</sup> Junior Brown Tab. It was also a special event for Craig. After about a year and a half of hard work and dogged determination his efforts were finally rewarded when he passed his examination by Simon Muzullo Sensei, 6<sup>th</sup> Dan. This means that he has now completed his requirements for promotion to 1<sup>st</sup> Dan.